

DR. ANGELA GRAHAM-WILLIAMS

LPC LPC-S LLP

Clinically-based Emotional Coach | Professional Speaker | Master Trainer



PROFILE

Dr. Angela Graham-Williams, LPC LPC-S LLP is a passionate, healthcare executive and practitioner with over 20 years of national and international experience conceiving and providing mental/behavioral health and substance use disorder direct and arts-based treatment modalities in outpatient, inpatient/residential, intensive outpatient, home/site-based, private practice, spirituality driven, and academic settings both nationally and internationally.

She has founded a barrier-free, virtual, private practice to provide emotional support with an emphasis on the deactivation of severe anxiety via the infusion of therapeutic intervention and the Word of God to clients around the globe. An executive administrator, classically trained ballerina, and true academic, Dr. Angela Graham-Williams is also licensed as a Professional Counselor, Psychologist, and Board Certified Licensed Professional Counselor Clinical Supervisor.

Dr. Angela Graham-Williams is a national and international visionary, practitioner, speaker, master trainer, and presenter, responsible for the development of myriad innovative, life affirming programs and concepts.

PUBLICATIONS & COPYRIGHTED PROGRAMS

- Graham-Williams, A. (2021). Multidirectional Emotional First Aid.
- Carter, A. (with Graham-Williams, A. foreword). (2018). The genius guide to college dance programs. (n.p.):.
- Graham-Williams, A. (2013). Compassionate Encouragement Discipline Technique for Teaching Classical Ballet and Its Impact on the Author Self-Esteem, Self-Perception, and Spirituality of Adolescent Girls.
- Graham-Williams, A. (2008). Kids Success! A Systematic Approach to Integrating the Emotional, Behavioral, and Cognitive Wellness of School-Age Children.

SPEAKING/TRAINING SPECIALTIES

- Severe Anxiety Deactivation for the Black Christian Woman
- Multidirectional Emotional First Aid for Personal Wellness and Non-Clinical Support of Others Creating Culturally Competent, Emotionally Safe Workspaces
- Transformational Coaching and Training to Create Emotionally Healthy Elite Athletes and Artists While Mitigating Performance Anxiety

RECENT SPEAKING ENGAGEMENTS

- Multidirectional Emotional First Aid as a Means of Improved Self-care and Supportive Interface for Black Students – Xavier University of Louisiana/ADVANCE of the National Science Foundation
- The Integration of Behavioral Health and Medical Care as a Best Practice for Expanding Access to and Improving Outcomes for Marginalized and Underrepresented Communities of Color – American Mental Health Counselor Association's Fall Summit
- Don't Just Teach, Transform! – National Dance Educators Organization's National Conference



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