

DR. ANGELA GRAHAM-WILLIAMS

LPC LPC-S LLP

Clinically-based Emotional Coach | Professional Speaker | Master Trainer



PROFILE

Dr. Angela Graham-Williams, LPC LPC-S LLP is a passionate, healthcare executive and practitioner with over 20 years of national and international experience conceiving and providing mental/behavioral health and substance use disorder direct, client treatment in outpatient, inpatient/residential, intensive outpatient, home/site-based, private practice, and academic settings. As an executive administrator and true academic, Dr. Angela Graham-Williams has also developed an original service delivery construct and adjacent certification program entitled Multidirectional Emotional First Aid © (MEFA) that enables its users to provide immediate relief to those suffering from emotional injuries, in real time. Additionally, as a classically trained, professional ballerina and VIP member of USA Track and Field, Dr. Graham-Williams' area of concentrations are not only providing clinically and insight-based emotional support to individuals struggling with the trauma of our times but also to artists and elite athletes attempting to navigate the unnecessarily, ubiquitous perils of performance anxiety on grand stages.

PUBLICATIONS & COPYRIGHTED PROGRAMS

- Graham-Williams, A. (2021). Multidirectional Emotional First Aid.
- Carter, A. (with Graham-Williams, A. foreword). (2018). The genius guide to college dance programs. (n.p.):.
- Graham-Williams, A. (2013). Compassionate Encouragement Discipline Technique for Teaching Classical Ballet and Its Impact on the Author Self-Esteem, Self-Perception, and Spirituality of Adolescent Girls.
- Graham-Williams, A. (2008). Kids Success! A Systematic Approach to Integrating the Emotional, Behavioral, and Cognitive Wellness of School-Age Children.

SPEAKING/TRAINING SPECIALTIES

- Severe Anxiety Deactivation for the Black Christian Woman
- Multidirectional Emotional First Aid for Personal Wellness and Non-Clinical Support of Others Creating Culturally Competent, Emotionally Safe Workspaces
- Transformational Coaching and Training to Create Emotionally Healthy Elite Athletes and Artists While Mitigating Performance Anxiety

RECENT SPEAKING ENGAGEMENTS

- Multidirectional Emotional First Aid as a Means of Improved Self-care and Supportive Interface for Black Students – Xavier University of Louisiana/ADVANCE of the National Science Foundation
- The Integration of Behavioral Health and Medical Care as a Best Practice for Expanding Access to and Improving Outcomes for Marginalized and Underrepresented Communities of Color – American Mental Health Counselor Association's Fall Summit
- Don't Just Teach, Transform! – National Dance Educators Organization's National Conference



PHONE:
504-273-1556



EMAIL:
DR.ANGELA@DRAGWLLC.COM



VISIT ME ON THE WEB:
WWW.DRAGWLLC.COM